



## THE CALVARY CALLING

Dear friends,

As I sit here at my computer, I am mindful of a significant recent confluence of deaths of people who have been near and dear to Mary and me over the years, three of them whose memorial services are this weekend.

Rev. Larry Nelson was our "teaching parish supervisor" in seminary. During the first two years of our studies, we were assigned to a local congregation, where we would participate, take advice, and learn more about congregational life. Larry and his wife Barbara were strong and warm leaders of Trinity Lutheran Church in Alameda. Pastor Larry, a former radio announcer, had the epitome of a mellifluous voice, charming and instructive. He loved us into being better pastors, always good-hearted and positive, always showing ways to be in a mutual ministry with others.

Barbara Schaefer was wife of Pastor Marty Schaefer, mother of our friend Pam Schaefer. and ALSO receptionist at Pacific Lutheran Theological Seminary, where Mary and I worked. She was alert to the needs of the people there, directed the flow of information, and was alert to the protection of the inhabitants there. She and Marty were faithful to the spirit of training pastors and present at all events.

Eldre Larsen was a consummate musician and member of the church Mary and I served in Long Beach, Christ Lutheran Church. We will be preaching at her memorial service on this Sunday, so will miss you all at worship that day. (Thanks to Joyce and Rachel for taking up pastoral responsibilities!). Eldre was warm, constantly encouraging, wise, prudent and loving. It is people like her who are the backbone of a congregation, in faith and example and leadership.

Also, the memorial service for Betty Sorensen, wife of Darel, will be held in Reedley this Saturday. That is the town where the Sorensens are from. Many folks will be able to celebrate Betty's life, and provide a warm place for fellowship and food. And I know that Calvary folks will continue to support Darel during this big transition.

I will also be present at a memorial gathering for Hugh and Marion Salas, who for many years lived in Morro Bay, where they built their own house. The family wanted the gathering here, and we at Calvary were able to provide them a loving space to do so.

One thing faith communities do well is to comfort, console and act as companions through the deaths of loved ones. We do not shy away from death's reality, primarily because we know that, living or dying, we are the Lord's.

May God continue to assist you in being helpers, in Jesus' name, for those who need aid.

In peace,  
Pastor Brian

## Scriptures for May

<b>May 7</b>	<b>May 14</b>	<b>May 21</b>	<b>May 28</b>
<b>Acts 7:55-60</b> <b>Psalm 31:1-5, 15-16</b> <b>1 Peter 2:2-10</b> <b>John 14:1-14</b>	<b>Acts 17:22-31</b> <b>Psalm 66:8-20</b> <b>1 Peter 3:13-22</b> <b>John 14:15-21</b>	<b>Acts 1:6-14</b> <b>Psalm 68:1-10, 32-35</b> <b>1 Peter 4:12-14; 5:6-11</b> <b>John 17:1-11</b>	<b>Acts 2:1-21</b> <b>Psalm 104:24-34, 35b</b> <b>1 Corinthians 12:3b-13</b> <b>John 20:19-23</b>



--We reviewed the attendance at **Easter Sunday worship** and made some plans to follow up with visitors. There were 73 people in attendance!

-- The **Chosen discussion group** has added about a dozen new participants and the first class went quite well.

-- The **Southwest California Synod Assembly** will take place on the weekend of June 3rd and 4th. I and hopefully another person (Nancy Kopp!) will attend virtually, but will still be at Sunday morning worship.

-- Our local group of Lutheran congregations will have a **spring conference** on June 10, 9:30 to 11:30 am at Mt. Carmel Lutheran

Church in San Luis Obispo. Presenting a program on fundraising will be one of my former bosses at Cal Lutheran, Regina Biddings-Muro. We may bring as many people as wish to attend. Please let me know if you are interested!

-- The congregation will make a donation to the ministry of **Trevor Sampson**, who played and sang during worship a few years ago.

-- **Planned Property improvements** include: 1) replacing the broken fence and gate to the patio; 2) repairing the front parking lot and resealing the portion redone a few years ago; 3) replacing the kitchen floor; 4) washing windows; 5) cleaning the lichens and moss on the west side of the sanctuary; 6) dealing with the gophers on the parsonage property. Various plans were presented and discussed.

### Outreach Committee

The goal to collect more than the 680 pounds of food that we collected last year for Iglesia has been reached with 883.5 pounds

collected during this Lenten Season!

There is a new group forming to educate and demonstrate to members and visitors how to care for God's earth by using more "green" products. Each month a different product will be displayed with an explanation and samples for people to try out. Council voted to take \$250 from 3207, Church Women and add line item 3228, Earth Ministry to fund this group.

A "Parent's Night Out" (PNO) was discussed. It was decided that we will address this idea again during the summer months. An article will be placed in the newsletter and bulletins asking for people who are interested in helping.

### Treasurer's Report

As of March 31, 2023 - Income - \$8645.00. Expenses - \$8753.01. Income was at 11.69% of the 2023 Budget for the three (3) months ended 03/31/2023.

Expenses were at 106.35% of the 2023 Budget for the same period.

# Saying Goodbye is Hard...

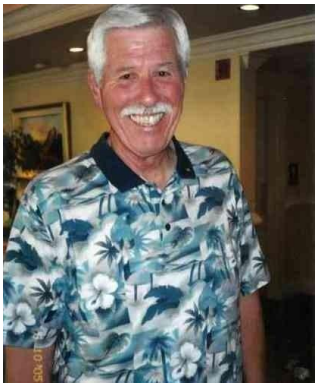
## Betty Sorensen

We received word from Daryl Sorensen that his dear wife and long time Calvary member Betty Sorensen has passed. Daryl sent us this brief obituary to share with the congregation:

Betty Amos Sorensen passed away on April 18, 2023. Betty was a caring, dedicated wife, mother and grandmother who was very proud of her family, extended families and friends. Betty and Darel celebrated 61 years of a wonderful marriage. A private burial took place at the Cayucos Morro Bay Memorial cemetery. Our cemetery marker reads: "you + me = perfect". A Celebration of Betty's life will be held on Saturday, April 29 at 2pm at Christ Lutheran Church in Reedley where they were married.



## Sid Bennett - 1934 - 2023



Sydney Stuart Bennett passed away on April 8, 2023 at his home in Morro Bay. He was 88 years old. Sid was born on September 14, 1934 in Long Beach, California to parents Rev. Manford and Agnes Bennett.

After many moves, the family settled in Van Nuys, California. He met his future wife, Beryl Matson, at Van Nuys High School where he graduated in 1953. After graduation, he attended University of the Pacific, Stockton, California on a football scholarship. He also played football for Occidental College, and later graduated from Cal State Northridge.

Sid and Beryl were married in 1954 and were blessed with a baby girl, Lisa, in 1956.

Sid's work as a lay pastor at St. Andrew's Lutheran in Van Nuys led to his decision to attend Pacific Lutheran Theological Seminary in Berkeley, where he later received a master's degree in theology. During that time, Sid and Beryl were blessed once again with the birth of their son, Robert, in 1962. Sid's first parish was Calvary Lutheran Church in Morro Bay in 1964, and he later accepted a call to Our Redeemer Lutheran Church in Simi Valley, California.

Recognizing that one-on-one counseling was his strong suit, he completed his master's degree and a college counseling credential in preparation to becoming a counselor. Sid was elated to be hired at Cuesta College in 1968, teaching health, helping to coach football, wrestling and golf, and later joining the counseling department. He went on to become director of counseling and director of the Career Transfer Center and Job Placement Services. Sid's dedication to his profession at Cuesta earned him the honor of having the San Luis Obispo County High School Counselor's Conferences, hosted annually, named after him. At the Cuts Counseling Center, Sid's positive and loving encouragement influenced many young people to obtain success in school and life.

Sid was a long-time member of the Morro Bay Rotary Club, on the boards of directors for The Martin Luther King Jr. Memorial Scholarship Fund, Achievement House, Meals on Wheels, The Community Concert Association, and the Youth Symphony.

Sid's faith sustained him. He loved abundantly, unconditionally and without prejudice. His many friends were beneficiaries of that love. But his family was the greatest recipient of his ever-present love; his wife of 68 years, Beryl, his daughter Lisa and husband Bob Fiocca, his son Bob and wife Metta Stiletto, his grandchildren Olivia and Samantha Bennett, his granddaughter Milea and husband Brent Christensen, great grandchildren Niels and Sidney Christensen and his grandson Travis Smith. They all brought him so much joy and made his life complete. Sid often said, "I am the richest man in the world, and the riches have nothing to do with money." And he truly believed it!

A celebration of life will be held on May 6, 2023, at 11 am at Mt. Carmel Lutheran Church, 1701 Fredericks St., San Luis Obispo. Donations in his name may be made to Martin Luther King Jr. High School, Memorial Scholarship Fund PO Box 1693, SLO, A 93406.



***We met our goal! This Lenten Season we collected 883.5 pounds of food for Iglesia, exceeding last year's collection of 688 pounds! In addition to all that food 1 box of diapers, 1 box of baby wipes 4 boxes of gallon size Ziploc bags, paper towels and 2 little stuffed Easter bunnies were collected.***

***A giant thank you to all who donated food and supplies to support our sister church in Santa Maria.***

## Please Remember in Your Prayers

- Cindy Haener - Thyroid surgery
- Darel Sorensen and family, in the death of Betty
- The people of Faith Lutheran Church in Cambridge, Massachusetts, whose entire church building burned up on Easter Sunday afternoon
- Gary Brochtrup - recovering from cataract surgery
- Donna Cuvelier - friend of Gail B., numerous health concerns
- Family of Ryan Loomis - Cindy Haener's nephew who died in an auto accident in Arizona
- Heidi Carney - Diagnostic tests
- Kate Anderson
- Ken Foran - recovering from knee surgery
- Ben - Kathie Sperow's grandson recovering from trauma
- Ina Davenport - recent fall
- Linda Hermann - mother-in-law of Katie Edson's daughter, leukemia
- Gary & Eileen Orback whose home was damaged in the storm
- Betty Johnson - recovering from infection and blood clot while undergoing chemotherapy
- Aaron Brochtrup - starting physical therapy to treat lower back
- Denise Kenealy, daughter-in-law of Robin Karas - continuing to make progress in recovery
- Linda Luke - to gain weight and strength
- Jim Luke - supporting Linda's recovery
- Becky Padilla- responding well to treatment for cancer
- Marcia Shep, Jennifer Kurrle's grandmother
- James Hecker- ongoing abdominal pain
- Mercedes Stevens, Katie Edson's mother
- Iglesia Santa Cruz, Pastor Esteban and Angie- for our support of their ministry
- For those who are contracting COVID
- For the people of Ukraine, for strength, healing and protection, and changes of heart for those attacking them

## May Birthdays

Andrew Jacoby	5/23
Patti Harsch	5/24
Maggie Muff	5/24
Charles Rice	5/27
Katie Edson	5/28

Happy Birthday!

## May Anniversaries

Jim & Linda Luke                      5/15                      1971

*Happy Anniversary!*

## We Want to Know How You Feel.....

A few months ago, we had the opportunity to share our facilities with another congregation. The requested donation would have been no problem for them (and would have provided much needed additional income for Calvary that could be used to make the many repairs that are now pending), however the time we offered (11:30) would not work for them.

In the event that we have another opportunity to share our facilities, we would appreciate hearing from our regular worshipers. Coming soon, a SURVEY will be available to be completed by individuals or by family units. You will find these short forms in the Fellowship Hall. We ask that you sign your name on the form, then place it into the sealed red box. Your opinions matter.

### **Fellowship Hosts Needed**

Hosts are needed to provide goodies for Fellowship after services. Look for a sign-up sheet in the Narthex and bring your favorite refreshment to share with us.

Thanks!  
Kitchen Committee

# ***FREE First Aid Training Course***

Calvary Lutheran Church  
480 Monterey Ave., Morro Bay  
Saturday, May 6th, 2023  
9am - 12:30pm



## ***Topics will include:***

- ★ Assessment of patient condition and concept of 'SAMPLE'
- ★ Proper and appropriate care during:
  - Respiratory distress – asthma, anaphylaxis, choking, drowning
  - Temperature-related emergencies – dehydration, heat exhaustion/stroke
  - Skin illnesses – bites/stings, burns, lacerations
  - Musculoskeletal injuries – sprains/strains, dislocations, fractures
  - Neurological issues – seizures, overdose
  - Food-related concerns – allergies, hypoglycemia vs. diabetic complications
- ★ Adequate preparation – essentials of a first aid kit

***Instructor Bio*** – Marcy Mullen, MEd, MPH, PhD is a former professor of Clinical Pathophysiology, Medical Genetics, Biomedical Ethics, and Immunology for SUNY Polytechnic Institute, Utica College, and the Sage Colleges in Upstate NY. Locally, she has taught a variety of pre-med/nursing courses for Cuesta College, Allan Hancock, California Polytechnic State University, as well as the American Heart Association and the American Red Cross. In addition, she is the former director of a LASIK eye center, has served as a paternity consultant, and worked for several years as a medical technologist and EMT. She is currently a 5th year doctoral candidate studying Integrative and Functional Nutrition.

# ***FREE Functional Nutrition Workshop***

Calvary Lutheran Church  
480 Monterey Ave., Morro Bay  
Saturday, May 27th, 2023  
9am - 12:00pm



## ***Topics will include:***

- ★ Review of basic digestive anatomy & physiology
- ★ Dietary intake - benefits and detriments to health and disease, namely -
  - Alcohol
  - Caffeine
  - Fat
  - Fiber
  - Minerals
  - Protein
  - Sugar
  - Salt
  - Vitamins
  - Water
- ★ Short and Long-term effects of fad dieting
- ★ Food allergies, sensitivities, and intolerances
- ★ Simple, healthy treats

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Sun

Mon

Tues

Wed

Thu

Fri

Sat

## May 2023

**\*Please remember in your prayers.**

Worship services are live streamed on Facebook and posted to [morrobaylutherans.org](https://www.facebook.com/morrobaylutherans.org)

	<p>1 *Jennifer Kurrle</p> <p>Coffee Club 9:00 Top Dog</p>	<p>2 *Mike &amp; Janet Lorenzo</p>	<p>3 *Jim &amp; Linda Luke</p> <p>Bible Study 10:00</p>	<p>4 *Jeff &amp; Kea McKee</p>	<p>5 *Sandy McMillan</p>	<p>6 First Aid Training 9:00</p>
<p>7 Worship Service With Holy Communion 10:00 Worship Assist: Andy J.</p> <p>The Chosen Zoom Discussion Group 7:00 -8:00 PM</p>	<p>8 *Tyler Mitchell</p> <p>Men's Group 1:00</p>	<p>9 *Dave &amp; Janelle Muff</p>	<p>10 *Gary &amp; Eileen Orback</p> <p>Bible Study 10:00</p>	<p>11 *Brenda Ouwerkerk</p>	<p>12 *Nancy Padilla</p>	<p>13</p>
<p>14 Worship Service With Holy Communion 10:00 Worship Assist: Mary S.</p> <p>The Chosen Zoom Discussion Group 7:00 -8:00 PM</p>	<p>15 *Joe &amp; Angelina Rice</p>	<p>16 *Kevin &amp; Nikki Rocha</p>	<p>17 *Ronnie Smith</p> <p>Bible Study 10:00</p> <p>Outreach Committee 1:45</p>	<p>18 *Darel Sorensen</p>	<p>19 *Dan &amp; Kathie Sperow</p> <p>Coffee Club 9:00 Nautical Bean</p>	<p>20</p>
<p>21 Worship Service With Holy Communion 10:00 Worship Assist: Joyce B.</p> <p>The Chosen Zoom Discussion Group 7:00 -8:00 PM</p>	<p>22 *Mary &amp; Brian Stein-Webber</p>	<p>23 *George Tway</p> <p>Finance Committee 5:00</p>	<p>24 *Georgina Tway</p> <p>Bible Study 10:00</p> <p>Los Osos Community Dinner 4:00</p>	<p>25 *Toni Tway</p> <p>Council Meeting 5:00</p>	<p>26 *Diane Williams</p>	<p>27 Nutrition Workshop 9:00</p>
<p>28 Worship Service With Holy Communion 10:00 Worship Assist: Jean S.</p> <p><b>BRUNCH!</b></p> <p>The Chosen Zoom Discussion Group 7:00 -8:00 PM</p>	<p>29 *Richard Williams</p> 	<p>30 *Glenna Baker</p>	<p>31 Andy &amp; Judy Cantrell</p> <p>Bible Study 10:00</p>			