



## THE CALVARY CALLING

Hi, friends of Calvary,

I am giving way this month to a group of members who attended an online class with me about involving the whole congregation in the practice of preaching. I am thankful to them for their interest and perseverance and creativity! Look elsewhere in this newsletter for information about the Feedback and FeedForward meetings on Tuesdays!

Pastor Brian

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Dear Calvary folks,

As many of you know, there has been a group of us, including Pastor Brian who have joined Professor Shauna Hannan in five sessions of a course entitled "Revitalize Your Congregation's Preaching Ministry. We are now finished with the studying and want to report to you what our current plans are.

Our study involved learning how the responsibility of preaching God's word is delegated primarily to the pastor, but still remains the purview of all people in the church, by virtue of our baptisms. Therefore, we plan on doing the following things:

- Create a cadre of lay preachers who will work with the pastor and other members of the congregation in developing sermons that will be delivered on a regular basis (once every four to six weeks).
- Begin a weekly Zoom meeting for all interested persons on a Monday or Tuesday that will involve feedback from the previous Sunday's sermon and "feed forward" for the subsequent Sunday's sermon. The preacher(s) from both Sundays will be present, and the assigned scriptures for the following Sunday will be made available beforehand. These meetings will be designed to last for 30 to 45 minutes.
- Begin using such formats for Bible Study and preaching that have been featured in this class, such as; 1) I Wonder, I Notice; 2) Taking Perspectives of Different Characters; 3) Tableau Creation; 4) Reenactment of Stories.

You might be able to tell that we have already begun some of the latter techniques in mid-week Lenten and Sunday worship services. The main idea is that God speaks to all of us through preaching and study, and that we all are capable, with God's help, to speak to and about God's Word. We look forward to stepping in these new directions with our dear congregation, and pray that we might hold up one another in the process.

In love and anticipation,

Joyce Bauer  
Gail Brochtrup  
Rachel Jacoby  
Kathie Sperow

**Palm Sunday - Service on April 2nd, at 10:00 am** Palm Sunday service will include an extended reading of Jesus passion story in Jerusalem, including the Last Supper, praying in the Garden of Gethsemane, being arrested and appearing before Herod and Pilate, being led to Golgotha, and dying on the cross. There will be singing, praying and Holy Communion. There will be a pot-luck lunch in the fellowship hall after worship.

# Holy Week

**Maundy Thursday - Service on Thursday, April 6, at 6:00 pm,** commemorating Jesus' Last Supper with his disciples. Features of that service will include Holy Communion and opportunity for foot washing. This latter will be entirely optional and will involve a real basin and water with a towel. If you want to participate in this ritual, make sure that you bring shoes that are easily taken off.

**Good Friday - Service on April 7, at 6:00 pm.** We will be featuring the Last Words of Jesus on the cross, with music and prayers and the dimming of lights, ending in prayerful silence. (This is often called a Tenebrae service.) If you would like to be a speaker on one of those last "words," please talk with Pastor Brian. He will be looking for thoughtful volunteers.

**Easter Sunday - Service on April 9, 10:00 am -** join us for a joy filled celebration of the resurrection of Jesus.

## Reboot of The Chosen discussion group

This discussion group on the increasingly popular series and Jesus and the disciples has just reached the end of all available episodes from the first three seasons. The group decided that, instead of waiting for Season 4 to come out, they would start all over with Season 1, Episode 1, and at the same time welcome new persons to the group. All meetings are on Sunday evenings, 7:00 to 8:00 pm on Zoom. The first session will be on Sunday, April 16th.

*The Chosen* is an inspiring, realistic, compelling drama based on the four gospels and creating scenes and story lines that draw you into the Bible story. The participants in the group say that their faith has grown appreciably, as well as their sense of the good news. If you begin watching the series with us, you will find yourself moved, delighted and intrigued in equal measure.

If you're interested in joining the discussion group, or know someone outside of the congregation who may be interested (there is no geographical limit), please let Pastor Brian know. ([bsteinwebber@gmail.com](mailto:bsteinwebber@gmail.com), 925-285-7256). Everybody will receive a Zoom invitation before each meeting.

## Scriptures for March

April 2	April 9	April 16	April 23	April 30
Processional Gospel Matthew 21:1-11 Isaiah 50:4-9a Psalm 31:9-16 Philippians 2:5-11 Matthew 26:14-7:66	Acts 10:34-43 Psalm 18:1-2, 14-24 Colossians 3:1-4 Matthew 28:1-10	Acts 2:14a, 22-32 Psalm 16 1 Peter 1:3-9 John 20:19-31	Acts 2:14a, 36-41 Psalm 116:1-4, 12-19 1 Peter 1:17-23 Luke 24:13-35	Acts 2:42-47 Psalm 23 1 Peter 2:19-25 John 10:1-10



## POTLUCK!

Please plan to join us for our annual Palm Sunday potluck after the service, April 2. Everyone is welcome - with a pot, or not! Bring your friends and neighbors!

## Flowers and Greens Needed!

On Saturday, April 8 the Calvary Cross will again be decorated with fresh flowers and greens. If you have flowers or greens (ivy, palm branches, etc.) please have them at the church by 9:00 on Saturday morning. If you need to leave your flowers/greens before Saturday, there will be a bucket with water provided at the back door to the Fellowship Hall. Please help us create this beautiful Calvary tradition for Easter Sunday. All are welcome to come and help decorate as well.



- The mid-week soup suppers and services have been well attended so far.
  - The Chosen series and discussions will be starting over as there have been some who expressed interest in participating.
  - Sophia Lorenzo has made changes to the website and added a Google calendar that can be updated as needed.
  - Average weekly attendance is holding steady at 34.5 per week.
  - There have been many conversations about preventing gun violence, but nothing concrete decided. Pastor will continue to share articles and information from the Synod.
- Notification from Vineyard was received that the monthly cost of renting our building was accepted but their congregation did not want to start their service at 11:30, so they have declined. The group agreed that it would be a good idea to survey our congregation anyway to see what people are feeling about sharing the building and/or changing the time of our worship. This also prompted a discussion about possibly using our building for other community activities as other churches in the area have done.
  - Janet L. suggested using some of the money in the designated funds to purchase a new camera set up for recording worship services. This idea will be explored and costs determined. A "guide" would also be needed to train people on how to use the camera.

## Outreach Committee

Food is still being collected in the beach boat in the Sanctuary. It's never too late to donate food, or money to buy food. This year's Lent collection will be delivered later in the month. Some needed items: beans, rice, cereal, peanut butter, Cooking oil, flour, maseca, sugar, salt, small pasta, snacks, hygiene products, diapers. Let's rock that boat with donations!

## Treasurer's Report

As of February 28, 2023 Income - \$9,491.50. Expenses - \$7,846.21. Income was at 121.4% of the 2023 Budget for the two (2) months ended 02/28/2023. Expenses were at 105.6% of the 2023 Budget for the same period.

## Please Remember in Your Prayers

- Family of Ryan Loomis - Cindy Haener's nephew who died in an auto accident in Arizona
- Mike Lorenzo - Back pain
- Ina Davenport - recent fall
- Linda Hermann - mother-in-law of Katie Edson's daughter, leukemia
- Diane Williams - recovering from intestinal issues
- John Cribb - death of his father in South Carolina
- Gary & Eileen Orback whose home was damaged in the storm
- Betty Johnson - recovering from infection and blood clot while undergoing chemotherapy
- Jennifer Kurrle - adjusting to new medications
- Aaron Brochtrup - starting physical therapy to treat lower back
- Janelle Muff -Healing after surgery and blood clot
- Sally Mingo, Jennifer Kurrle's mother - knee injury
- Denise Kenealy, daughter-in-law of Robin Karas - continuing to make progress in recovery
- Linda Luke - to gain weight and strength
- Jim Luke - supporting Linda's recovery
- Becky Padilla- responding well to treatment for cancer
- Marcia Shep, Jennifer Kurrle's grandmother
- James Hecker- ongoing abdominal pain
- Christopher Buckles, Kate Anderson's son
- Darel and Betty Sorenson - Betty remains in nursing care on Hospice
- Mercedes Stevens, Katie Edson's mother
- Iglesia Santa Cruz, Pastor Esteban and Angie- for our support of their ministry
- For those who are contracting COVID
- For the people of Ukraine, for strength, healing and protection, and changes of heart for those attacking them



### First Aid and Nutrition Training Offered at Calvary!

Marcy Mullen who provided us with recent CPR training has offered to come back and present trainings on First-Aid and Nutrition. See flyers on the next two pages and look for a sign-up sheet soon.

## April Birthdays

Gwen Muff	4/1
Joe Rice	4/2
Janelle Muff	4/3
Bob Clemensson	4/11
Dan Sperow	4/13
Linda Luke	4/15
Dan Sperow	4/13
Mike Lorenzo	4/23
Brenda Ouwerkerk	4/30

### Happy Birthday!

### *Letter From Our Dear Compassion Child Charite:*

Dear friends,  
I, Charite, your sponsored child, and my family greet you in the name of Jesus Christ our Lord. Thank you for all you do for us. Thank you for writing letters to us. Thank you also for praying for me so that I will continue to succeed well. My family and I are doing well. We celebrated festival seasons well. We were celebrating the birthday of Jesus. We praised God and sang. We pray for you so that God blesses you. Have peace!  
Love from, Charite



Prayer Pals met for the first time on Sunday, March 19. They shared a fast and easy craft and just got to know each other a bit. Thanks to all who are participating in this valuable Calvary tradition and helping our kids to feel cared for and involved!



# ***FREE First Aid Training Course***

Calvary Lutheran Church  
480 Monterey Ave., Morro Bay  
Saturday, May 6th, 2023  
9am - 12:30pm



## ***Topics will include:***

- ★ Assessment of patient condition and concept of 'SAMPLE'
- ★ Proper and appropriate care during:
  - Respiratory distress – asthma, anaphylaxis, choking, drowning
  - Temperature-related emergencies – dehydration, heat exhaustion/stroke
  - Skin illnesses – bites/stings, burns, lacerations
  - Musculoskeletal injuries – sprains/strains, dislocations, fractures
  - Neurological issues – seizures, overdose
  - Food-related concerns – allergies, hypoglycemia vs. diabetic complications
- ★ Adequate preparation – essentials of a first aid kit

***Instructor Bio*** – Marcy Mullen, MEd, MPH, PhD is a former professor of Clinical Pathophysiology, Medical Genetics, Biomedical Ethics, and Immunology for SUNY Polytechnic Institute, Utica College, and the Sage Colleges in Upstate NY. Locally, she has taught a variety of pre-med/nursing courses for Cuesta College, Allan Hancock, California Polytechnic State University, as well as the American Heart Association and the American Red Cross. In addition, she is the former director of a LASIK eye center, has served as a paternity consultant, and worked for several years as a medical technologist and EMT. She is currently a 5th year doctoral candidate studying Integrative and Functional Nutrition.

# ***FREE Functional Nutrition Workshop***





Calvary Lutheran Church  
480 Monterey Ave., Morro Bay  
Saturday, May 27th, 2023  
9am - 12:00pm



## ***Topics will include:***

- ★ Review of basic digestive anatomy & physiology
- ★ Dietary intake - benefits and detriments to health and disease, namely -
  - Alcohol
  - Caffeine
  - Fat
  - Fiber
  - Minerals
  - Protein
  - Sugar
  - Salt
  - Vitamins
  - Water
- ★ Short and Long-term effects of fad dieting
- ★ Food allergies, sensitivities, and intolerances
- ★ Simple, healthy treats

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Sun	Mon	Tues	Wed	Thu	Fri	Sat
<p><b>April 2023</b></p> <p><b>*Please remember in your prayers.</b></p> <p>Worship services are live streamed on Facebook and posted to <a href="http://morrobaylutherans.org">morrobaylutherans.org</a></p>						<p>1 *Grant &amp; Patti Anderson</p> <p>Decorate FH and Pot Luck Set-Up 10:00</p>
<p><b>2 Palm Sunday</b> </p> <p>Worship Service With Holy Communion 10:00 Worship Assist: Joyce B.</p> <p>Pot-Luck After Service</p>	<p>3 *Glenna Baker</p> <p>Coffee Club 9:00 Hungry Fisherman</p> <p>Men's Group 1:00</p>	<p>4 *Robin Karas</p>	<p>5 *Kate Anderson</p> <p>Bible Study 10:00</p>	<p>6 *Tom &amp; Joyce Bauer</p>  <p>Maundy Thursday Service 6:00</p>	<p>7 *Gary &amp; Gail Brochtrup</p> <p><b>Good Friday</b></p>  <p>Service 6:00</p>	<p>8 Easter Cross and Sanctuary Decorating 10:00</p>
<p><b>9 Easter</b> </p> <p>Worship Service With Holy Communion 10:00 Worship Assist: Nikki R.</p>	<p>10 *Ken Brocks</p> <p>Morro Bay Community Dinner</p>	<p>11 *Heidi Carney</p> <p>Finance Committee 5:00</p>	<p>12 *Bob Clemensson</p> <p>Bible Study 10:00</p>	<p>13 *Myles &amp; JoAnna Crebs</p> <p>Council 5:00</p>	<p>14 *Ina Davenport</p>	<p>15 Worship &amp; Music Planning Committee 9:30</p>
<p>16 Worship Service With Holy Communion 10:00 Worship Assist: Brenda O.</p> <p>The Chosen Zoom Discussion Group 6:00 -8:00 PM</p>	<p>17 *Valerie Donohoo</p>	<p>18 *Katie Edson</p>	<p>19 *Ron &amp; Audrey Forster</p> <p>Bible Study 10:00</p>	<p>20 *Carrie Forster-Osterthaler</p>	<p>21 *Carol Frasier</p> <p>Coffee Club 9:00 Buttercup</p>	<p>22</p>
<p>23 Worship Service With Holy Communion 10:00 Worship Assist: Cindy H.</p> <p>The Chosen Zoom Discussion Group 6:00 -8:00 PM</p>	<p>24 *Elaine Grawe</p>	<p>25 *Cindy &amp; Bruce Haener</p>	<p>26 *Victor Hansen</p> <p>Bible Study 10:00</p>	<p>27 *Herb &amp; Patti Harsch</p>	<p>28 *Judy Kalin</p>	<p>29 *Woody &amp; Nancy Koppl</p>
<p>30 Worship Service With Holy Communion 10:00 Worship Assist: Katie E.</p> <p><b>BRUNCH!</b></p> <p>The Chosen Zoom Discussion Group 6:00 -8:00 PM</p>						